



	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
Name	<a href="#">Superfood 10</a>	<a href="#">Mega 10 Mushrooms</a>	<a href="#">10 Mushroom Blend</a>	<a href="#">5 Defenders</a>	<a href="#">Thrive 6</a>	<a href="#">Ultra Pure 7 Mushroom Extracts</a>	<a href="#">Mushroom Defense Formula</a>	<a href="#">Sacred 7 Mushroom</a>	<a href="#">Power Potion</a>	<a href="#">Peak Power Mushroom Complex</a>	<a href="#">10 Mushroom Blend</a>	<a href="#">Mushroom 8 Plex</a>	<a href="#">5 Mushrooms Reserve Blend</a>	<a href="#">Fermented Mushroom Complete</a>	<a href="#">Mushroom Blend Supplement</a>
Image															
Brand	Nourishing Nutrients	Micro Ingredients	JETSU	Real Mushrooms	Freshcap Mushrooms	HCL	Daily Nutra	Naturealm	Happy Wholefoods	Fresh Healthcare	Four Sigmatic	ZHZOU	Hippie Farms	Solaray	Activa Naturals
Personal Like	Great	Decent	Decent	Good	Decent	Decent	Good	Decent	Decent	Decent	Decent	Decent	Decent	Decent	Decent
Rating	4.5	4.5	4.5	4.5	5	4.5	4.5	4.5	4.5	4.5	4	3.5	4.5	5	4
Reviews	121	86	120	456	96	40	277	531	173	61	135	24	75	4	54
Organic	yes	yes	yes	yes	yes	yes	yes	yes	yes	Yes	Yes	yes	yes	yes	no
Description	10	8	7	9	7	10	8	9	7	10	7	7	8	7	9
Amount per Serving	2,000 mg	2,000 mg	2,200 mg	1,000 mg	1,000 mg	2,000 mg	1,200 mg	700 mg	998 mg	1,800 mg	1,600 mg	2,000 mg	1,750 mg	1,200 mg	1,275 mg
Quality	10	10	9	9	8	10	8	9	9	8	9	8	8	10	8
Extract Ratio	14:01	10:01						1:01							
Beta D-Glucans	>28%	28%	>30%	>20%	>28%	>20%	>30%	30%	>15%	N/A	N/A	N/A	N/A	N/A	N/A
Polysaccharides	30%-50%														
Cost Per Month	Average	High	Very Low	High	Low	Average	Average	Average	Low	Low	Average	Low	Average	Low	Low
# of Mushrooms	10	10	10	5	6	7	5	7	8	6	10	8	5	8	7
Benefit	<p style="text-align: center;"><b>The following health benefits are common among the majority of these supplements:</b></p> <p>1) Anti-aging, 2) Cholesterol Lowering, 3) Fighting Cancer, 4) Lower Blood Pressure, 5) Immune Boosting, 6) Reduce Inflammation, 7) Lower Blood Sugar, 8) Protect Against Dementia, 9) Depression &amp; Anxiety, Relief, 10) Repair Nerve Cells, 11) Protects Against Ulcers, 12) Antioxidant, 13) Increase Energy, 14) Inflammatory Bowel Disease Prevention, 15) Hepatitis Fighting, 16) Improve Skin Health, 17) Gut Health, 18) Anti-Bacterial, 19) Improve Exercise Performance, 20) Eczema Treatment, 21) Treat Liver Disease, 22) Improved Hair Growth, 23) Increase Metabolism, 24) Improve Digestion, 25) Allergy Relief, 26) Prevent Constipation, 27) Mental Clarity, 28) Cognitive Functioning</p>														
Certifications	Non-GMO, Vegan, USDA Organic, FDA	Vegan, GMO, USDA Organic	Non-GMO, Organic	Non-GMO, Vegan, 3rd Party Tested, Organic	Non-GMO, Vegan, Lab Tested, Organic	GMP, 3rd Party Tested, Non-GMO, USA, FDA Lab, Organic	Non-GMO, 3rd Party Tested, GMP, Organic	GMP, 3rd Party Tested, Vegan, Non-GMO, USDA Organic	Non-GMO, Vegan, Lab Tested, Organic	Vegan, GMP, Non-GMO, 3rd Party Tested, USA, Organic	Organic, 3rd Party Tested	Non-GMO, Lab Tested, Vegan, USDA Organic	Vegan, USA, GMP, Organic	Non-GMO, Lab Tested, Vegan, Organic	GMP, USA
Sourced	Untouched Mountains of China	USA	Multiple Locations	Canada	China	North America	China	Mountains of China	Mountains of China	USA	China	Multiple Locations	USA	USA	USA
Guarantee	Yes	No	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	No	No	Yes
Extract	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	No	No	No	Yes
Fermented	No	No	No	No	No	No	No	No	No	No	No	Yes	No	Yes	No
Chaga	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes		Yes	Yes	Yes	Yes	Yes
Lion's Mane	Yes	Yes	Yes		Yes	Yes		Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Maitake	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes		Yes	Yes		Yes	Yes
Reishi	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Agaricus Blazei			Yes								Yes	Yes		Yes	
Shiitake	Yes	Yes	Yes	Yes		Yes	Yes	Yes	Yes	Yes	Yes	Yes		Yes	Yes
Turkey Tail	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Cordyceps	Yes	Yes	Yes		Yes	Yes		Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Phellinus Linteus	Yes	Yes													
Oyster	Yes	Yes							Yes	Yes					
Wood Ear	Yes	Yes													
Black Pepper										Yes					
Polyporus Umbellus			Yes												
Enoki			Yes								Yes				
Tremella Fuciformis											Yes				